



TOHOKU UNIVERSITY

Enjoy your BREAKFAST !

Support Student Life! Campaign 2024

100yen breakfast promotion will be back!

There is a special menu to support Nanadaisen!



Let's eat and cheer TU!



Tanaka Kinton

Supporting Nanadaisen
~Supervision of TU Sports Team~
Tofu Hamburger with vegetable sauce set
High-protein, low-calorie menu

Tanaka Platon

- Target: Tohoku university undergraduate and graduate students
- Period: May 7~24 (14 days) * Excluding weekends and holidays
- Time: 7:50-8:50
- Venue : Kawauchi no Mori Dining (5/7~5/17)
Kitchen Terrace Couleur (5/7~5/17)
Aoba Dining (5/20~5/24) **NEW**

The Student support 100yen breakfast is made possible by the support of Tohoku University Foundation and TU alumni 'Shuyukai' ~

■ Special sponsor Once again sponsored by TANAKA ! **Tanaka Precious Metals Memorial Foundation**

(Tanaka Kinton & Platon are the mascots of TANAKA.)

■ Sponsor Support from alumni !
200 kg of Sangen Pork from Gunma will be offered again this spring!

HAYASHI Atsushi (Economics Alumnus)
(President, Hayashi Farm Co.,Ltd.)



SOYANO Shigeru (Economics Alumnus)
(President, Gunma Meat Co.,Ltd.)



Providing 「Frugra®」 **Calbee Co.,Ltd.**

■ Support President, Gunma Syuyukai **KOSHIDAKA Hiroshi (Economics Alumnus)**
(President, KOSHIDAKA HOLDINGS)

(Honorific titles are omitted)

Spring 100yen Breakfast Menu①

* Excluding weekends and holidays

Kawauchi no Mori Dining

TAKEOUT
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- Set meal includes main dish, small bowl of cooked food, rice, miso soup and vegetable juice
- This marked menu item is made with more pork using Gunma Sangen Pork! 🍖
- The set meal supervised by TU Sports Team is a tofu hamburger steak with vegetable sauce for supporting the Seven Universities Athletic Meet.
- Udon menu includes Udon noodles with toppings and vegetable juice

Kitchen Terrace Couleur

- Meals include salad and vegetable juice
- Frugra®Set** includes fruit granola, milk or yogurt, banana, salad, vegetable juice
- Rice bowl comes with miso soup and vegetable juice

Cafeteria	May 6 (Mon.)	May 7 (Tue.)	May 8 (Wed.)	May 9 (Thurs.)	May 10 (Fri.)
Kawauchi no Mori Dining	Holiday	Hamburg steak	Mackerel with miso	Brown stew	Mackerel with ginger
		Cooking various root vegetables	Grilled pork with ginger 🍖	Set meal supervised by TU Sports Team	Frugra®Set 🍖 Pork yakiniku
		Udon with deep-fried tofu (Kitsune udon)		Vegetable croquette udon	
Kitchen Terrace Couleur		Curry and rice	Curry and rice	Curry and rice	Curry and rice
		Frugra®Set	Frugra®Set	Frugra®Set	Frugra®Set
Cafeteria	May 13 (Mon.)	May 14 (Tue.)	May 15 (Wed.)	May 16 (Thurs.)	May 17 (Fri.)
Kawauchi no Mori Dining	Chicken cutlet	Mackerel with miso	Chicken Cutlet	Mackerel with ginger	Ham cutlet
	Mapo tofu	Grilled pork with ginger 🍖	Set meal supervised by TU Sports Team	Frugra®Set 🍖 Pork yakiniku	Stewed vegetable and meat
	Udon with egg yolk added(Tsukimi udon)		Udon with deep-fried tofu (Kitsune udon)		Vegetable croquette udon
Kitchen Terrace Couleur	Curry and rice	Curry and rice	Curry and rice	Curry and rice	Curry and rice
	Frugra®Set	Fried chicken bowl	Meat and egg bowl	Grated yam bowl	Fried chicken bowl

※A meal card or student ID card is required.

※Menu items are subject to change depending on availability.



Spring 100yen Breakfast Menu②

* Excluding weekends and holidays

Aoba Dining(Shokudo)

- Set meal includes main dish, small bowl of cooked food, rice, miso soup and vegetable juice
- The set meal supervised by TU Sports Team is a tofu hamburger steak with vegetable sauce for supporting the Seven Universities Athletic Meet.
- Frugra®Set includes fruit granola, milk or yogurt, banana, salad, vegetable juice

Supporting Nanadaisen
 ~Supervision of TU Sports Team~
 Tofu hamburger with vegetable sauce set
 High-protein, low-calorie menu



Cafeteria	May 20(Mon.)	May 21(Tue.)	May 22(Wed.)	May 23(Thurs.)	May 24(Fri.)
Aoba Dining	Chicken cutlet	Set meal supervised by TU Sports Team	Ham cutlet	Set meal supervised by TU Sports Team	Chicken cutlet
	Cooking various root vegetables	Mackerel with miso	Chinese dish with fried egg and crab	Mackerel with ginger	Chinese dish with fried egg and crab
	Frugra®Set	Frugra®Set	Frugra®Set	Frugra®Set	Frugra®Set



- ※A meal card or student ID card is required.
- ※Menu items are subject to change depending on availability.

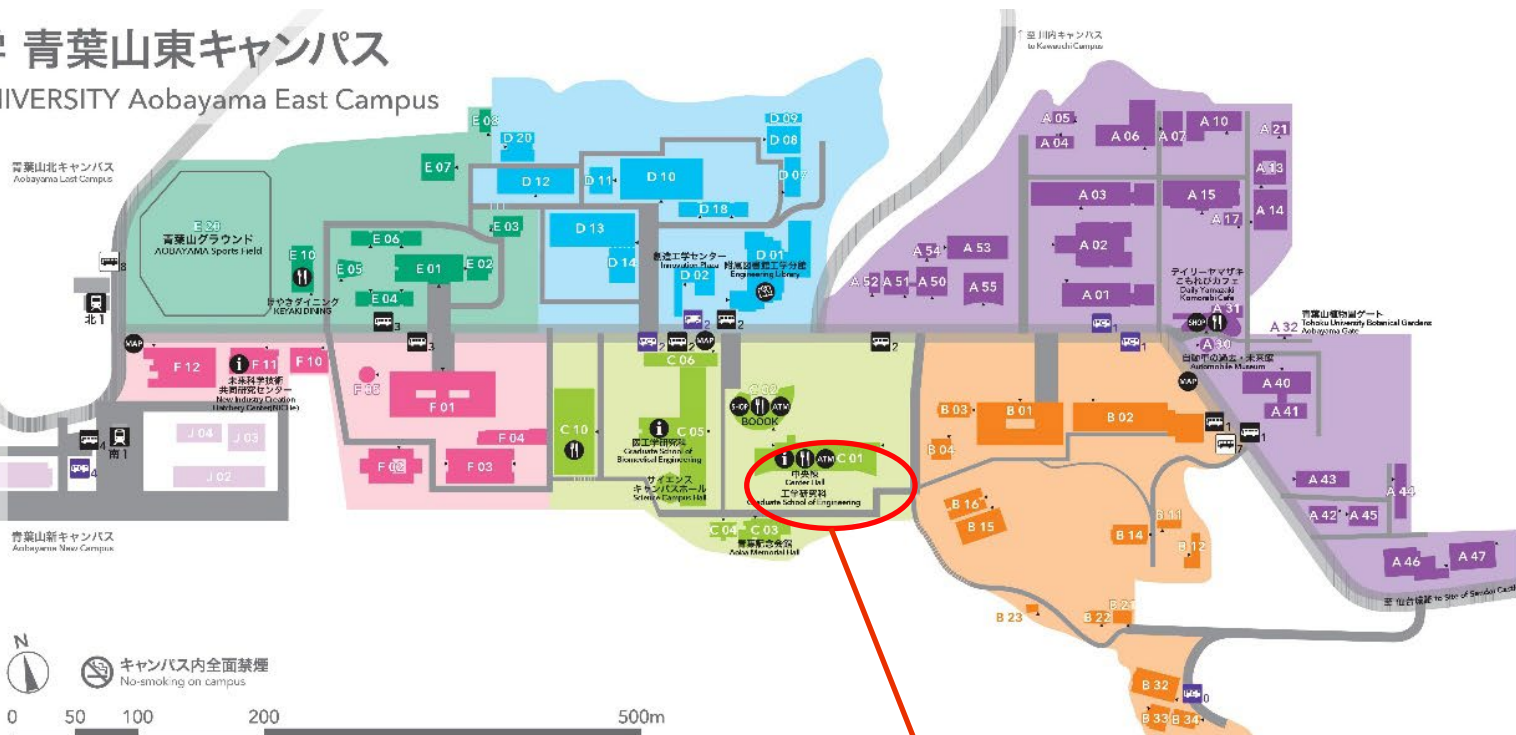


あおば食堂MAP / Aoba Dining (Shokudo)MAP



東北大学 青葉山東キャンパス
TOHOKU UNIVERSITY Aobayama East Campus

- インフォメーション
Information
- キャンパスマップ
Campus Map
- カフェテリア・レストラン
Cafeteria / Restaurant
- 物販店舗
Shop
- ATM
Automated Teller Machine
- 地下鉄東西線青葉山駅
Subway Tozai Line Aobayama Station
- 市バス バス停
Bus Stop for City Buses
- 1 青葉山植物園西
Aobayama Spokubutsuen-nishi
- 2 工学部中央
Kougakubu chuo
- 3 工学部西
Kougakubu-nishi
- 4 青葉山駅
Aobayama-eki
- 5 一番台バス停
Bus Stop for Loop to SENDAI
- 7 青葉山植物園西
Tohoku University Botanical Gardens
- 8 青葉山駅
Aobayama Subway Station
- 9 学内バス バス停
Bus Stop for Campus Bus / Aobayama Shuttle Bus
- 0 地震火山センター
Earthquake Volcano Center
- 1 工学部東
School of Engineering East
- 2 工学部中央
School of Engineering Central
- 4 青葉山駅 (南1)
Aobayama Station (S1)
- 6 青葉山駅 (北1)
Aobayama Station (N1)



※あおば食堂は工学研究科中央棟の1階です
Aoba Dining is located on the 1st floor of Center Hall of Graduate School of Engineering.

