



# Autumn's 100yen Breakfast



: Sangon Pork Menu

Oct. 18	Oct. 19	Oct. 20	Oct. 21	Oct. 22
Hamburg steak Grilled mackerel	Grilled Pork Simmered mackerel in miso	Ham cutlet Brown stew	Chinese stew Chicken cutlet	Ham and egg cutlet with mayo Simmered mackerel in grated radish
Oct. 25	Oct. 26	Oct. 27	Oct. 28	Oct. 29
Pot-au-feu Tofu hamburger steak	Chinese dish with Fried egg and crab chicken cutlet	Chinese stir-fry pork Simmered mackerel in miso	Ham cutlet Vegetable Stew	Sausage omelet Simmered mackerel with ginger
Nov. 1	Nov. 2	<b>Culture Day</b>	Nov. 4	 <b>University Festival</b>
Meat and potato stew Ham and egg cutlet with mayo	Spicy tofu Hamburg steak		Gingered pork Simmered mackerel in miso	
Nov. 8	Nov. 9	Nov. 10	Nov. 11	Nov. 12
Tofu with pork Simmered mackerel in grated radish	Chinese stew Chicken cutlet	Ham cutlet Simmered mackerel with ginger	Tofu hamburger steak Stewed root vegetables	Grilled Pork Simmered mackerel with ginger
Nov. 15	Nov. 16	Nov. 17	Nov. 18	Nov. 19
Ham and egg cutlet with mayo Brown stew	Wok-fried Pork Simmered mackerel with ginger	Hamburg steak Chinese dish with fried egg and crab	Gingered pork Simmered mackerel in miso	Chicken cutlet Grilled mackerel